

**For Immediate Release
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Volunteers Needed!

United Way DAY of CARING Team Registration deadline August 18th

CHARLESTON – United Way of Central WV's much anticipated **12th Annual Day of Caring** is just around the corner. On **September 20th**, volunteers will gather to kick-off a day of giving – giving in the form of volunteer work. Day of Caring is the largest one-day volunteer event in the region that provides an opportunity for individuals and businesses to perform hands-on service projects with nonprofit agencies in our community. Volunteers come from the community, businesses, nonprofits, educational institutions, civic and service organizations, schools, and local and state governments. There is something for everyone and it's easy to sign up by simply going to **www.unitedwaycwg.org** before **August 18th**.

Volunteers sign up as individuals or teams to help local nonprofits that request help with their projects. Lisa Hudnall, the Day of Caring Coordinator for United Way of Central WV, said, " Oftentimes people don't know where to help or how to get started volunteering, so we consider Day of Caring a good way for people to connect with nonprofits and understand their needs. Plus, it's a great way to meet people, help others and have fun! "

Last year we had over 600 volunteers representing 50 teams from area companies, schools and organizations that donated their time to work on approximately 50 projects spread across five counties: Boone, Clay, Kanawha, Logan and Putnam. Our goal is to have at least that many volunteers this year or maybe more, but we can't do that without your help! Please go to our website at www.unitedwaycwg.org and register today!

For questions about Day of Caring, please contact (304) 340-3521. The registration deadline for volunteers is August 18th.

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United Way of Central West Virginia is a volunteer-led, volunteer-driven organization representing Boone, Clay, Logan, Kanawha and Putnam counties. From the board of directors to fundraising volunteers to others who lend a hand each year, all ensure United Way continues to make an impact on the issues that matter most. By encouraging all people in Central West Virginia to give, advocate or volunteer, United Way wants to show the power of "living united". For more information, visit www.unitedwaycwg.org or call 304.340.3500.